

Icebreakers for Small Groups

The following icebreakers are simple to use and suitable for a wide range of ages. They can be used in a small space and some can be used online.

Why Icebreakers?

- Helps a new group get to know one another.
- Helps new members to integrate into a group.
- Helps people feel comfortable together.
- Helps people transition from the stresses of the day.
- Encourages transparency and ownership.
- Encourages sharing and listening to others.
- Creates an inviting atmosphere for learning, reflecting, and participation.
- Have some fun and laugh together.

Two Truths and a Lie

Ask everyone to write, or share, THREE things about themselves, which are not known to the others in the group. Two are true and one is not. Taking turns each person will share the three 'facts' about themselves and the rest of the group votes which are true and false. There are always surprises.

Desert Island

Announce, 'You've been exiled to a deserted island for a year. In addition to the essentials of food, water, and clothing, you may take three things with you. One item must be for survival, one item for a hobby, and one luxury item. What would you bring?'

If

Simply ask, or have the group write, 1 or 2 'IF' questions on cards and place them (face down) in the middle of the group. Have each person take a card, read it out loud and give their answer. The following are questions, you could prepare in advance:

If you had a time machine that would work only once, what point in the future or in history would you visit?

If you could go anywhere in the world, where would you go?

If your house was burning down, what three objects would you try and save?

If you sat down next to Jesus on a bus, what would you talk about?

If you HAD to give up one of your senses (hearing, seeing, feeling, smelling, tasting) which would it be?

If money and time was no object, what would you like to be doing?

If you could wish one thing to come true this year, what would it be?

God at Work

How has God been at work in your life since you first started attending Anchor Bend? What has God been doing in your life over the last month? How is God at work right now?